

WINTER WALKING PATHS IN ZELL AM SEE-KAPRUN

WINTER WALKING PATHS ZELL AM SEE

MITTERBERG PATH ⚔ 1 h ⚡ 50 min, 361 v.m., 3 km
Start: Thumersbach valley (Talstraße) **Finish:** mountain inn Mitterberg
Parking available at the start to the Ronachkopf Ski Tour
"Sign Ronachkopf" in Thumersbach. The path to the Mitter-
berghof has an even gradient and is sealed all the way.

ERLBERG PATH ⚔ 1,5 h ⚡ 1,5 h, 496 v.m., 4,7 km
Start: village square Thumersbach **Finish:** Enzian hut (open Dec. Till Easter)
A sealed path running from the village square in Thumers-
bach to the Enzian hut.

KEILBERG PATH ⚔ 1 h ⚡ 1 h, 240 v.m., 3,6 km
Start: Schüttgut (Bruckberg) **Finish:** Hubgut (farm)
This path branches off the Areit path at Schüttgut (close
to the Porschehof in Bruckberg) and winds its way up on a
sealed track to the Hubgut farm. (it is not open for guests).

BRUCKBERG PATH ⚔ 50 min ⚡ 40 min, 289 v.m., 2,9 km
Start: bus stop Golfplatz **Finish:** Schoberalm (not serviced
in winter 2023/24!)
This classical walking path starts close to the Tauernstüberl
guest house (at the bus stop Bruckberg Golfplatz). The
path is sealed the whole way and leads slightly uphill to the
Schoberalm. When reaching the Schoberalm one is reward-
ed by a fantastic view over the valley.

EINÖD TRACK ⚔ 30 min ⚡ 20 min, 141 v.m., 0,7 km
Start: cemetery Zell am See **Finish:** mountain inn Pfefferbauer
The path starts at the cemetery with a sealed road winding
through the residential area of the Einöd, up to the Einöd
goods path which leads to the mountain inn Pfefferbauer.

LAKE PROMENADE 3 h, 11.3 km, Circular hike
It is possible to walk all around the lake on this promenade.
The promenade runs almost entirely by the lakeside on
the western shore. On the eastern shore it runs along the
Seeuferstrasse footpath. Hardly any elevation difference.

HOFMANNSTHAL ROAD 20 min, 1 km (one way)
Start and Finish: Hofmannsthalstraße
The Hofmannsthal road (located opposite the Zell am See
Yacht Club) is a very short promenade, set in the delightful
surroundings of Schloss Prielau which is alluring because of
its culinary variety and refinement as well as interesting his-
tory.
Return the same way or along the lake promenade to the
starting point.

PORSCHE ALLEY 20 min, 1,4 km, walking path

WALK DOWN THE VALLEY FROM ZELL AM SEE
Start: retirement home Schüttdorf **Finish:** Kaprun
The path begins at the retirement home (in Schüttdorf) and
runs beside the Porsche Allee. From the Porsche riding stables
it is closed to vehicles. No elevation difference.

+K 1 h 30 min, 7,8 km
After the riding stables, this path and the bicycle path run in
the direction of Bruck as far as the industrial area, through the
underpass; further beside the bike path to the railway under-
pass, around the Safe (electricity) railway area (Safestrasse);
over the bridge and then immediately branches off to the right
and follows the Salzach river to Kaprun. No elevation differ-
ence.

PINZGAUBAHN WALKING PATH 30 min, 2 km
Start: Kitzsteinhornstraße in Schüttdorf **Finish:** Zellermoos
The path runs alongside the Pinzgau train tracks from the
Kitzsteinhornstrasse in Schüttdorf to Zellermoos. Perfect for a
stroll!

GOLFPLATZ TRAIL 45 min, 3,8 km circular hike
The track runs along the Golfplatz cross country ski run.
Attention: The entire circular route is only accessible when
there is sufficient snow and the tracks have been groomed!

FLUGPLATZSTRASSE WALKING PATH (AIRPORT) 20 min, 1 km
Start: Salzach bridge between Kaprun and Zell am See (connection path)
This path, starting at the Salzach bridge, connects Kaprun
and Zell am See (suburb of Schüttdorf).

WINTER WALKING PATH RESERVOIR PLET TSAUKOPF 1 h, 30 v.m., 2,2 km
Start and Finish: mountain station cityXpress
After the ascent with the cityXpress cable car the winter walk-
ing path starts at the top station. Follow the signs Nr. 27 to
the Plettsaukopf, where a easy circular path leads around the
reservoir.

WINTER HIKE HIGH ALTITUDE PROMENADE ⚔ 1h ⚡ 50 min, 150 v.m., 2,2 km
Start and Finish: trassXpress Bergstation
The popular winter hiking trail from the trassXpress mountain
station over the Schmittenhöhe summit to the Sonnkogel. After
arriving at the trassXpress mountain station, the green signs
with number 28 will guide you along the way towards Sonnkog-
el. You will also pass some sculptures from the exhibition "Art
on the Mountain". There are also always sunny resting places
along the way. When you arrive at the Sonnkogel, you can enjoy
the unique panorama on the viewing platform. Then hike back
on the same route to the trassXpress mountain station or back
by Sonnkogel and Sonnalmbahn.

WINTER WALKING PATH FROM THE TOP STATION AREIT III TO THE SCHMITTENHÖHE ⚔ 30 min ⚡ 15 min, 150 v.m., 0,6 km
Start: mountain station Areitbahn III **Finish:** mountain station
Areitbahn III or Sonnkogel
The winter walking path starts at the top station of the Areit III
lift and follows the snow fence up to the Elisabeth Chapel
on the Schmittenhöhe. From there you can either walk back
to the top station of the Areit III or walk on further to the
Sonnkogel (approx. 1 hour walking time to the Sonnkogelbahn
lift).

NIKOLAUS GASSNER PROMENADE 20 min, 27 v.m., 1 km
Start: Tunnel portal Seespitz/Zell am See
Finish: Hotel Berner (near cityXpress u. city centre)
This short promenade runs from the tunnel portal at the
Seespitz to the Hotel Berner (near the cityXpress) and is
ideal for families pushing prams.

SONNKOGEL PATH TO THE JAGA ALM HOCHFALLECK ⚔ 40 min ⚡ 20 min, 176 v.m., 1,8 km
Start: Schmittenhöhebahn bottom station **Finish:** Hotel and
mountain restaurant Jaga Alm
This path starts at the valley station Schmittenhöhenbahn at
the end of the Schmitten Valley and runs passed the Hotel
AlpinResort to the right into the Sonnenalmstrasse. Follow
this beautiful panoramic street till the Jaga Alm Hochfalleck.

DR. MÜLLER PROMENADE 20 min, 30 v.m., 1,3 km
Start: Hotel Stadt Wien **Finish:** Einöd or further to the moun-
tain inn Pfefferbauer
Starting point Hotel Stadt Wien. The promenade is some-
what steep in the beginning but then follows with a moderate
gradient past residential houses, then along the hiking trail
to Einöd. The entire path is very good for walking and offers
fantastic views of the Zell am See lake.

WINTER WALKING PATHS KAPRUN

GROSSENTAL PATH 786-820 m 1 h, 34 v.m., 4,2 km
Start: Kaprun town centre **Finish:** Kaprun South
Schulstraße, Schaufelbergstraße to the Ortlehen and Großent-
al farms. Continue on a gravel path to Kaprun South.

SALZACH PATH 2 h, 3,8 km
Start: Kaprun town centre **Finish:** Kaprun South
Schulstraße, Schaufelbergstraße to the Ortlehen and Großental
farms. Continue on a gravel path to Kaprun South.

BRUNNWIESEN PATH 2 h, 4,2 km
Start and Finish: Entrance to the village Kaprun, Vereinehaus,
Augasse 6
Starting in the town centre towards Kaprun castle.
At the crossing/junction Peter-Buchner-Straße - Häuslhof-
straße bear left onto the Brunnwiesenweg. Through the Ka-
prun moss you come to the Salzach. From here, a road forks
off to the left along the Salzachweg. Return the same way
again or on the Tauern biking path.

FILZMOOS PATH 1 h, 4,7 km
Start: Schloßstraße/Burglindgasse **Finish:** Entrance to the village Kaprun
Almost at the end of Schloßstraße turn left into Burglind-
gasse.
This particularly recommended walk leads below the Jakob-
skapelle and Kaprun Castle, through the protected Filzmoos
forest, at first right to Brunnwiesenweg and further left to
Salzachweg No. 14.

WALK TO PIESENDORF 2 h, 4,1 km
Start: Kaprun Center **Finish:** Piesendorf town centre
At the entrance to the village, starting point Kaprun Center,
the Einödweg access road to MK Maiskogelbahn/Maisi Flitzer
branches off to the right of the main road. Continue through
the subway to the Tauern electrical substation towards Köt-
tingeinöden to the bridge over the Salzach to Piesendorf.

ACHEN PATH 45 min, 1,3 km
Start: Kaprun town centre **Finish:** power plant Kaprun (information center)
Begin at the schools and proceed along the Schulstrasse to
the Sporthalle (sports centre). From here, the path continues
alongside the school sport centre to the Pichlbrücke and
then further towards the Gasthof and campsite "zur Mühle"
to the power plant Kaprun.

MAISKOGEL TRACK ⚔ 1 h ⚡ 45 min, 320 v.m., 3,4 km
Start: Kaprun town centre **Finish:** mountain inn Stangerbauer
Opposite the schools, walk along the Schaufelbergstraße
road, pass by the mountain inn Unteraigen and the après-ski
bar Eisbär. Here, cross the slope cautiously and follow the
road until you get to the mountain inn Stangerbauer.

ICE CAMP TRAIL 20 min, 60 v.m., 0,4 km, January–April
Start/Finish: Kitzsteinhorn/Alpincenter Gipfelbahn valley station
The ICE CAMP Trail starts at the valley station of the
Kitzsteinhorn Gipfelbahn on 2,450 meters. The groomed and
secured path leads through the high-alpine landscape, past
several spectacular viewing points up to the legendary ICE
CAMP presented by Audi - a fantastic wonder world made of
ice and snow, with igloos and sun deck with bar, loungers, re-
laxing music and stunnings views. Walkable with sturdy hik-
ing boots and ski poles (ski pole rental available at the sports
shops on the Kitzsteinhorn). Access point to the ICE CAMP
Trail: After a cable car ride up to the Alpincenter, you find the
Gipfelbahn valley station at the end of the Alpincenter hall.

PLEASE NOTE:
• Posted walking times are only approximate.
• Sturdy boots required.
• Always carry sufficient food and beverages with you.
• Please keep the environment clean
and take your trash back home.
• Zell am See-Kaprun shall not be liable for any accidents and injuries.
• Subject to alterations, errors excepted.
• Cross-country ski tracks can only be groomed if there is enough
snow!"
v.m. = vertical meters

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CROSS-COUNTRY SKIING

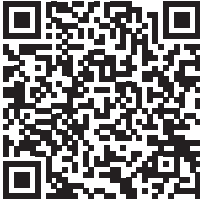
WINTER WEEKLY PROGRAMME

SLEIGH RIDES

RESPECT AND SAFETY

CROSS-COUNTRY SKIING TEST TOUR
18.12.2023-11.03.2024
• **Every Monday | 2 pm-3 pm**
for adults and children from 10 years on, with state-certified
cross-country skiing instructors, no previous knowledge required.
• Price: € 20 per person
• Registration until Monday 12 am
minimum of participants: 6 persons
Langlauf-Sportschule Kaprun +43(0)664/99 350 321

On the pistes, in the backcountry or on pristine tracks across
fields, meadows and through the forest: the weekly holiday
programme has a lot to offer in winter. Together with qualified
guides, you set off on snowshoe hikes and freeride tours, go on
your first ski tour, or you visit markets full of atmosphere.



LASER BIATHLON
Experience an introduction to the world of biathlon, no previous
knowledge required.
20.12.2023-13.03.2024
• **Every Wednesday | 2 pm-3 pm**
for adults and children from 10 years on
• Price: € 20 per person with guest card Zell am See-Kaprun,
incl. top equipment | € 30 without guest card
• Registration until Tuesday 12 am
Langlauf-Sportschule Kaprun +43(0)664/99 350 321

CROSS-COUNTRY SKI SCHOOLS
ZELL AM SEE
Langlaufschule Zell am See-Kaprun Harald Nicka
Kaprunerstrasse +43(0)664/230 02 78

KAPRUN
Bewegt, Das Sportcamp Landesstr. 14 +43(0)650/501 22 73
Langlauf-Sportschule Augasse 4a +43(0)664/993 503 21
Skidome Oberschneider N.-Gassner-Str. 21 +43(0)6547/82 32
Ski- und Snowboarding
Kaprun Preghenella Sig.-Thun-Str. 18 +43(0)6547/80 70

CROSS-COUNTRY AND TOURING SKI RENTAL
ZELL AM SEE
Europsport Schillerstrasse 4 +43(0)6542/47 267
Sport Achleitner Postplatz 2 +43(0)6542/73 581

KAPRUN
Bründl Sports Maiskogel Kitzsteinhornpl. 1 +43(0)6547/83 888 873
Europsport N.-Gassner-Str. 15d +43(0)6547/20 314
Langlauf-Sportschule¹ Augasse 4a +43(0)664/99 350 321
Skidome Oberschneider N.-Gassner-Str. 21 +43(0)6547/82 32
Sport 2000 Glaser¹ Sig.-Thun-Str. 20 +43(0)6547/83 92

¹ no touring ski rental

KAPRUN

Hanslhof
hanslhof@gmx.at +43(0)6547/84 84

Mrs. Scherthaner +43(0)676/64 35 814



DEAR SPORTSMEN, DEAR FRIENDS OF NATURE!

The initiative "Respektiere deine Grenzen" aim is to focus on a respectful attitude towards wildlife and environment.

UNTIL THEY DRIP: In case of panic many animals run for their lives. Wild animals react to such disturbances with high energy loss often resulting in death.



TOBOGGANING

TOBOGGAN RUN KÖHLERGRABEN
The home toboggan run from Zell am See leads you through
the Köhlergraben. The natural toboggan run Köhlergraben
is around 1 km long and suitable for children. Through the
Schmittental to the Hotel Waldhof, the toboggan run promi-
ses lots of fun and adventure.
Opening times subject to snow and weather situation. Illumi-
nated daily until 10 pm.

Address: Köhlergrabenweg 15, 5700 Zell am See
+43(0)6542/770



ADVENTURE WINTER
WINTER HIKING | TOBOGGANING
CROSS-COUNTRY SKIING

WINTER 2023/2024

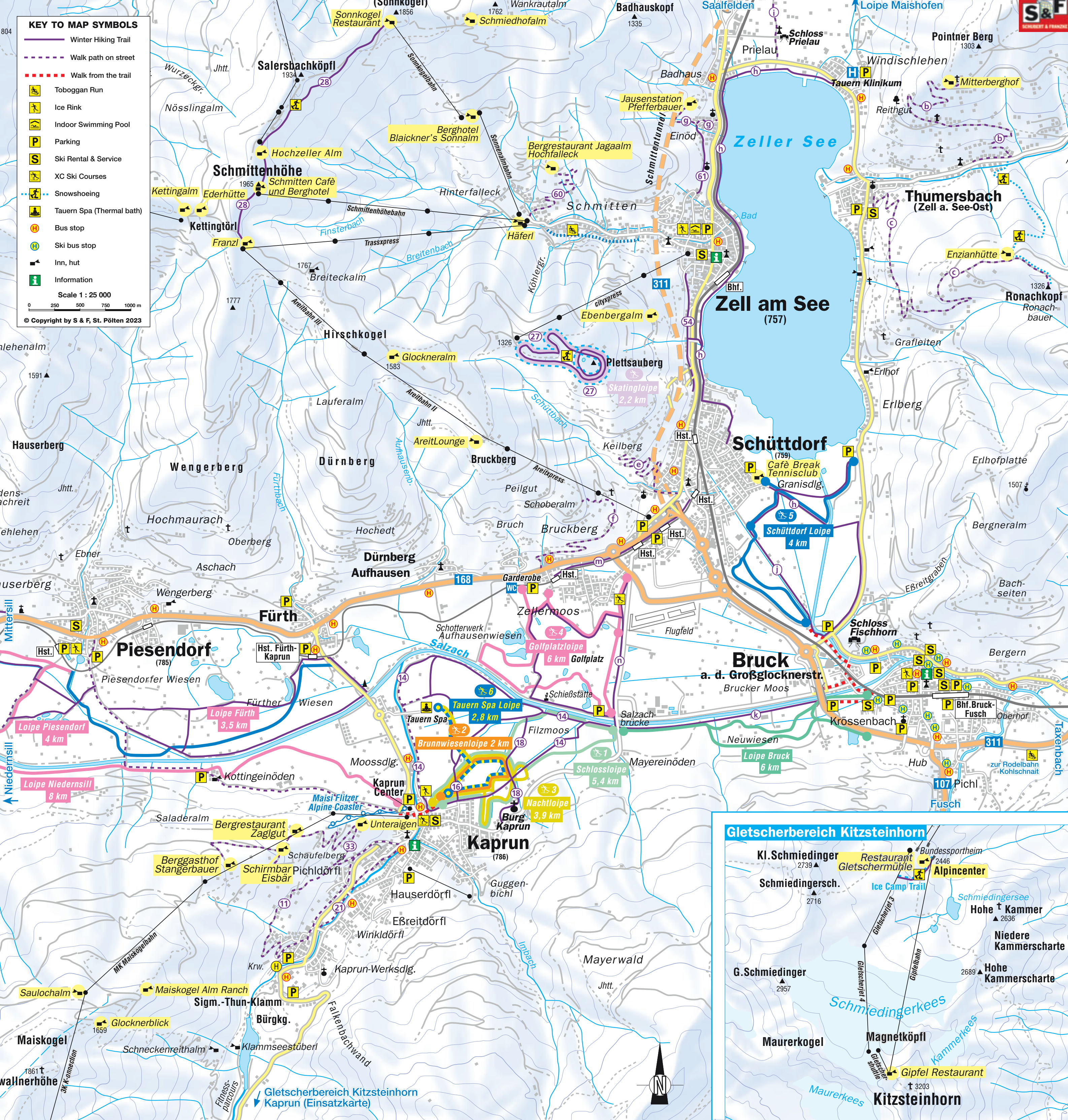
Zell am See Kaprun
www.zellamsee-kaprun.com

TOBOGGAN BUS FROM POSTPLATZ
26.12.2023-05.03.2024
Every Tuesday | 6.50 pm-9.50 pm every 15 minutes
subject to snow and weather situation

| | | | |
|-----------------|-----------------------|--------------------|--------|
| Pricing: | single run | adults | € 2.50 |
| | | children (2008-17) | € 2 |
| | evening ticket | adults | € 5 |
| | | children (2008-17) | € 2.50 |



TOBOGGAN RENTAL
You can rent your toboggan at these rental stations:
Sport Achleitner Postplatz 2, 5700 Zell am See
Europsport Zell am See Schillerstr. 4, 5700 Zell am See
Der Waldhof Schmittenstr. 47, 5700 Zell am See
Hotel Stadt Wien Schmittenstr. 41, 5700 Zell am See



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WINTER WONDERLAND

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